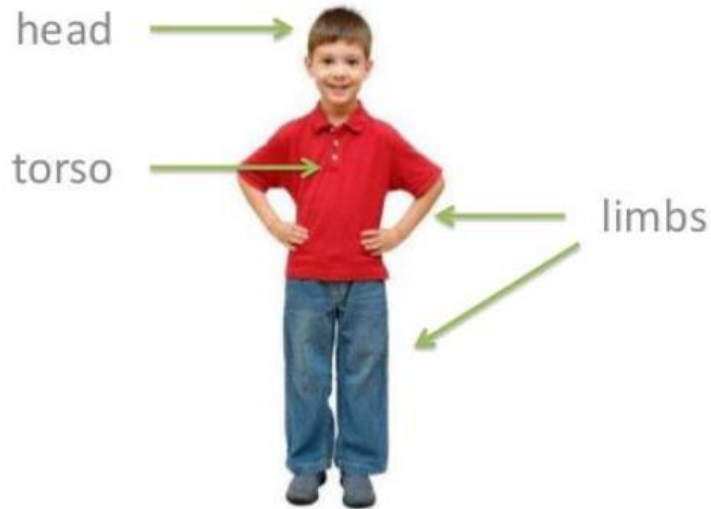


## UNIT 1 - My body



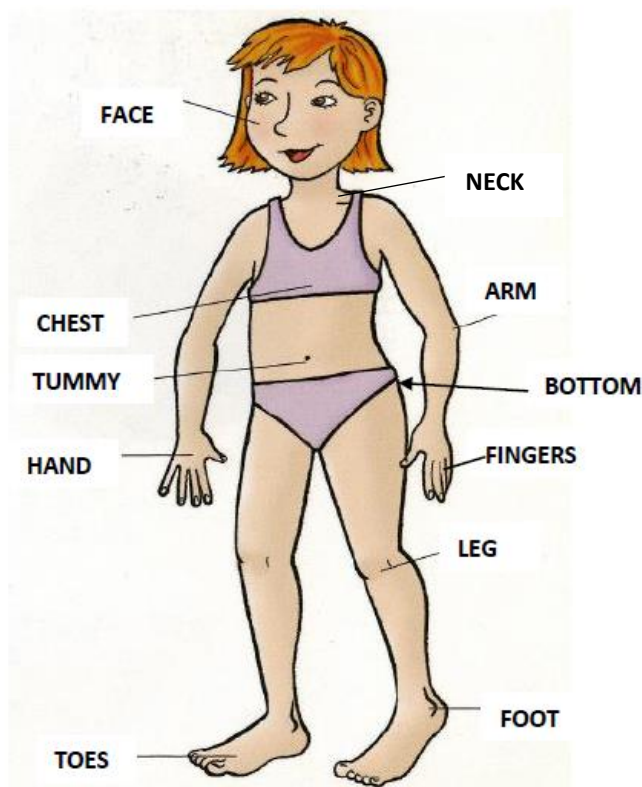
### THE THREE SECTIONS OF THE BODY



My body has three sections:  
my **head**, my **torso** and my **limbs**.

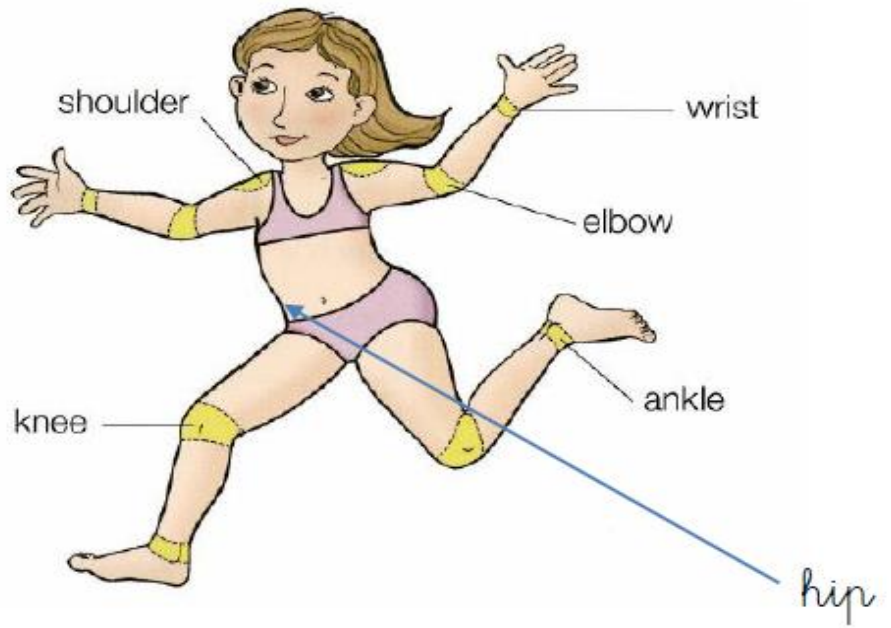


### PARTS OF THE BODY



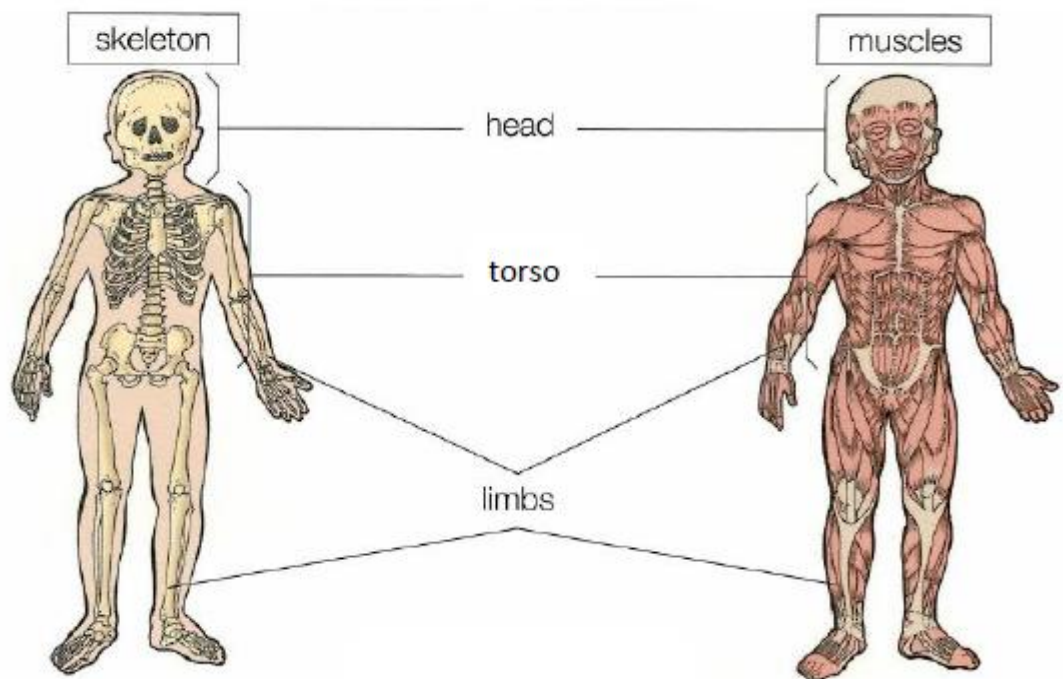
My **arms** and my **legs** are **limbs**.

## ★ JOINTS



Joints help your body move.

## ★ BONES AND MUSCLES

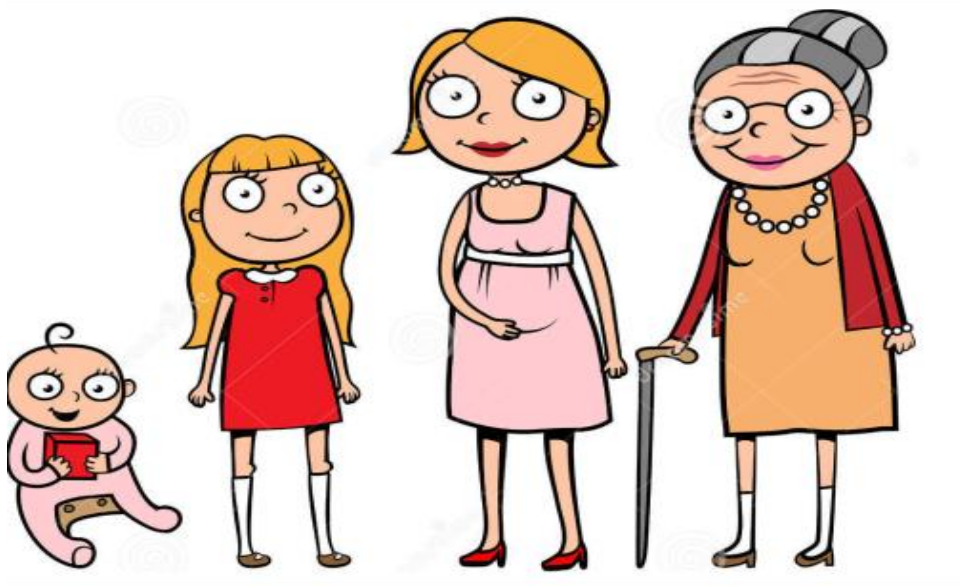


I have **bones** in my body. My **skeleton** **supports** and **protects** my body.

There are **muscles** in my legs, arms and head. My **muscles** **help me move**.



## I GROW



**BABY**  
*Baby*

**CHILD**  
*Child*

**ADULT**  
*Adult*

**GRANNY**  
*Granny*

*We all grow and change.*



## HOW DO YOU FEEL TODAY?



**HAPPY**

*happy*



**SAD**

*sad*



**ANGRY**

*angry*



**WORRIED**

*worried*



## ONLINE SONGS AND GAMES



### **FEELINGS songs and videos**

<https://www.youtube.com/watch?v=l4WNrvVjiTw>

<https://www.youtube.com/watch?v=a1NIWCr0R-k>

<https://youtu.be/dNP5BzrBiOg>

## **BONES AND MUSCLES videos**

[https://www.youtube.com/watch?v=\\_RHZZ-71SxM](https://www.youtube.com/watch?v=_RHZZ-71SxM)

<http://learnenglishkids.britishcouncil.org/es/songs/the-scary-skeleton>

<https://www.youtube.com/watch?v=rq--QeiPuA>

[https://youtu.be/wu4Rq\\_tDszQ](https://youtu.be/wu4Rq_tDszQ)

## **PARTS OF THE BODY videos and songs**

<https://www.youtube.com/watch?v=ZanHgPprl-0>

<https://www.youtube.com/watch?v=QkHQ0CYwjal>

[https://www.youtube.com/watch?v=ot4mJ\\_qUNMY&list=RDot4mJ\\_qUNMY&index=1](https://www.youtube.com/watch?v=ot4mJ_qUNMY&list=RDot4mJ_qUNMY&index=1)

<https://www.youtube.com/watch?v=SUt8q0EKbms>

<https://www.youtube.com/watch?v=LeA1JWU5Y7g>

<https://www.youtube.com/watch?v=e54m6XOpRgU>

## **PARTS OF THE BODY games**

<http://learnenglishkids.britishcouncil.org/en/word-games/parts-the-body-1>

<http://www.eslgamesplus.com/body-parts-esl-vocabulary-memory-game/>

<https://www.gamestolearnenglish.com/fast-hands/>

<http://www.anglomaniacy.pl/bodyMatching.htm>

<http://www.anglomaniacy.pl/bodySpelling.htm>

<http://www.anglomaniacy.pl/bodyPictureTest.htm>

[http://www.learninggamesforkids.com/health\\_games/body\\_parts/body-parts-audio-word-match.html](http://www.learninggamesforkids.com/health_games/body_parts/body-parts-audio-word-match.html)